GOVERNMENT OF INDIA
YOUTH AFFAIRS AND SPORTS
LOK SABHA

UNSTARRED QUESTION NO:3626
ANSWERED ON:23.03.2017
Sports Education in Schools
Meena Shri Harish Chandra

Will the Minister of YOUTH AFFAIRS AND SPORTS be pleased to state:

(a) whether the Government proposes to make sports education compulsory in schools;
(b) if so, the details thereof; and if not, the reasons therefor; and
(c) the steps taken/being taken by the Government to devise appropriate syllabus for the purpose in consultation with educationists and sportspersons?

Answer

THE MINISTER OF STATE (INDEPENDENT CHARGE)
FOR YOUTH AFFAIRS AND SPORTS
(SHRI VIJAY GOEL)
(a) to (c): Education falling under the Concurrent List, majority of schools fall under State Examination Boards and the school curriculum is determined by the State Governments. However, the National Curriculum Framework 2005 recognizes the role of sports and physical education in the holistic development of children and youth in the country. As part of this policy, the Government has made access to play fields, equipment for sports & games and engagement of physical education instructor − a mandatory requirement for all schools under the Right to Education Act.
Further, the Central Board of Secondary Education (CBSE) places special importance on co-scholastic areas which includes sports and physical fitness. Details of salient measures taken by CBSE to promote sports in schools are given in the Annexure. It is expected that State Education Boards would also emulate the CBSE example.
ANNEXURE TO QUESTION NO. 3626 TO BE ANSWERED ON 23/03/2017 REGARDING "SPORTS EDUCATION IN SCHOOLS" ASKED BY SHRI HARISH MEENA.
Salient steps taken to promote sports in the schools affiliated to CBSE are as follows :
1. In classes VI - X any two activities out of the following are compulsory:
a. Sports/Indigenous sports (Kho-Kho etc.)
b. NCC/NSS
c. Scouting and Guiding
d. Swimming
e. Gymnastics
f. Yoga
g. First Aid
h. Gardening / Shramdaan
2. The Board has advised schools that there should be at least 40-45 minutes of Physical Activities or Games period for Classes I-X every day. For Classes XI − XII schools should ensure that all the students participate in Physical Activity / Games / Mass P.T. / Yoga with maximum health benefits for at least two periods per week (90-120 min / week).
3. The Board also organizes 'Inter School Sports and Games Competitions' in as many as 24 disciplines at Cluster, Zone and National level. Over 1.5 lac students participate in it each year.
In order to identify, recognize, nurture and develop the extraordinary talent among the students studying in class VIII onwards in sports and games, the Board provides Chacha Nehru Scholarship.
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